



郑州郑东新区西亚斯外籍人员子女学校
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU

Newsletter

家校通讯录

November 5, 2021

2021年11月5日

COVID Safety Precautions

新冠病毒安全预防措施

The COVID situation is changing rapidly in Zhengzhou. Today all of our students, Grades 1 and up as well as all of our staff were NAT tested. The government did not test students in the PreK 3, PreK 4, or Kindergarten classes. However, we are anticipating the government to return this weekend to test our youngest students.



郑州的新冠疫情变化迅速。今天，所有一年级及以上的学生以及所有员工都接受了新冠检测。这周没有对学前 3、4 年级或幼儿园班级的学生进行新冠测试。这周末低年级学生将接受检测。

To be prepared for a potential shift to remote learning, we will begin sending students home with their iPads. Having consistent learning opportunities is important for our students. No matter what happens, we want to be prepared for our kids.

为了防止疫情严重，突发采取线上授课，我们将开始请学生带着 iPad 回家。保持不间断的学习对我们的学生很重要。无论发生什么，我们都要为我们的孩子提前做好准备，时刻准备好应对突发事件。

Please limit your movement and travel as we hope to limit the spread of COVID-19.

为了限制新冠病毒的传播，请减少不必要的出行。





Parent Teacher Conferences

家长会



On Friday, November 12, students will be dismissed from school at 1:00 for Parent Teacher Conferences. Teachers will contact you to schedule the meetings. While we hope to have the conferences in-person, we anticipate the need to have virtual meetings. Teachers will discuss your student's academic performance, holistic performance, any specific concerns, and how your child has demonstrated leadership.

11月12日，星期五，学生们下午1:00放学，家长们下午参加家长会。各班教师将联系您安排会议。虽然我们希望能够召开线下会议，但由于疫情，可能需要采取线上会议形式。教师将与您讨论学生的学业成绩、整体表现、一些具体问题，以及您的孩子表现出领导力的形式。

Parent Association and Involvement

家委会

There are many topics that I would like to get parental input on to help advance our school. Please use the link below to sign up and be invited to an upcoming Parent Work Session.



我有许多话题希望能够得到家长们的意见，以帮助推进我们的学校发展。请使用下面的链接注册并接受邀请参加即将到来的家委会工作会议。

After School Activities (ASAs)

课后延时课程

We will begin new ASAs the week of November 22nd.

学校将于11月22日开展新的课后延时课程安排。



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Instructional Highlights from the Week

本周教学亮点



Sias IS ASA
西亚斯外籍学校社团课
Natural education
自然教育





Sias IS - Reader Theatre

西亚斯外籍学校—读者小剧场



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The kindergarten-Pumpkin Menu

5岁幼小衔接班南瓜日



Pumpkin racing
Work with your team.
1. Get your pumpkin from the start line to the finish line first.
2. Only 1 person can touch the pumpkin at a time.
What will make the go fast?

Pumpkin Measuring
1. Share the pumpkin and the tools.
2. Make a row of counters.
3. Line up the pumpkin next to the counters.
4. Count how many tools does it take to measure the pumpkin?


Pumpkin Seed Counting
1. Collect seeds for your group.
2. Spread out the seeds.
3. Count the seeds together.
How many do you have altogether?
○○○○○○○○
○○○○

Pumpkin Soup
1. Look at the things on the tray.
2. Pick what we need to use to make pumpkin soup.
3. Write the recipe in your notebook.





Lunch Menu

菜单

Week 7					
	Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
加 点 Snack	枣夹核桃 Jujube with walnut 德亚纯牛奶 Pure milk *冬枣 Jujube	黄桃派 Peach pie 德亚纯牛奶 Pure milk	蒸紫薯 Steamed sweet potato 德亚纯牛奶 Pure milk	盐焗腰果 Baked cashew nuts with salt 德亚纯牛奶 Pure milk *香梨 Pear	黏玉米 Steamed corn 德亚纯牛奶 Pure milk
中 餐 Lunch	红烧羊肉 Braised Lamb in Brown Sauce 千丝万缕虾 Fried shrimp 菜心炒木耳 Stir fried agaric with cabbage 米饭 rice 香甜水果汤 Sweet fruit soup	香酥洋葱圈 Crispy onion rings 瑞士肉松卷 Swiss meat floss roll (dried fish floss/original flavor) 秘制烤翅 Roasted chicken wings 奶油南瓜浓汤 Cream Pumpkin Soup	土豆炖牛腩 Stewed Beef Brisket with potatoes 肉末炆丝瓜 Braised towel gourd with minced meat (pork/beef) 炆炒绿豆芽 Fried mung bean sprouts in soy sauce 泰国香米 Thai rice 凤凰玉米糝 Corn soup	蔬果沙拉 Fruit and vegetable salad 脆皮鸡柳 Crispy Chicken Fillet 意式风情披萨 Italian style pizza 香橙红萝卜汤 Orange and carrot soup	家常卤面 Home cooked noodles 素烧西葫芦滑子菇 Braised zucchini and mushroom 五香鸭胸 Spiced duck breast 金针菇番茄蛋花汤 Flammulina velutipes tomato egg soup
加 点 Snack	蜜柚 Grapefruit 柑橘 Citrus 德亚酸奶 Yogurt	红心火龙果 Dragonfruit 冬枣 Jujube 德亚酸奶 Yogurt *香蕉 Banana	哈密瓜 Cantaloupe 奇异果 Kiwi 德亚酸奶 Yogurt	红富士 Fuji Apple 香蕉 Banana 德亚酸奶 Yogurt	红提 Raisins 皇冠梨 Pear 德亚酸奶 Yogurt

Location 地址

Longhu Middle Ring Road and Chaoyang Road Intersection, Zhengzhou New District, Zhengzhou City, Henan Province, China

中国河南省郑州市郑东新区龙湖中环路朝阳路交叉口

☎ 16696116693

✉ admissions@siasinternationalschool.org

🌐 www.siasinternationalschool.org