



郑州郑东新区西亚斯外籍人员子女学校  
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU

# Newsletter

## 家校通讯录

December 3, 2021

2021年12月3日

## Tree Lighting Ceremony

### 点灯仪式

Thank you, families, for joining us to celebrate our first annual Tree Lighting. The Winter Holidays are the time for families and friends to be together to share food, laughter, and love. We certainly shared a lot on Saturday.

感谢各位家庭和我们一起庆祝我校首届一年一度的点灯仪式。冬假是家人和朋友聚在一起分享美食、欢笑和爱的時候。这周六的活动上我们深有感触。







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# Open House for New Students

## 意向家庭开放日

Also on Saturday, we hosted our first Open House of the year. We had 38 families attending for our potential Early Years students. It was a great event and we will do it again next Saturday for the potential primary students.

同样在这周六，我们举办了意向家庭开放日活动。有 38 个家庭参加了我们幼儿园学生开放日活动。本次活动十分成功，我们将在下周六为意向小学生再筹办一次。





# Morning Arrival

## 学生到校

Our school schedule is 8:00 AM to 3:00 PM with snack from 3:00-3:15. Each morning we open the gates at 7:40 to bring students into the building. We have been standing out front checking temperatures until 8:15, then we go inside. We will begin going inside earlier each week until the winter break. This week we will go in at 8:10, then we will go in at 8:05 and 8:00 the weeks of 12/12 and 12/21, respectively. When students arrive after these times parents must bring the students into the school to be checked by Nurse Emily before going to class late.

Instruction and learning begins at 8:00 AM. If we are to successfully offer breakfast in the morning without impacting teaching and learning, we will need to work together to get students to school before 8:00 AM.

学生上课时间是早上 8 点到下午 3 点，下午 3 点到 3:15 吃加餐。每天早上 7: 40 打开大门，把学生带进教学楼。校门口晨检持续到 8:15，然后晨检人员进校。在冬假前，我们需要逐渐调整入校时间，学生将逐渐提早进入室内。本周我们将会在 8:10 结束室外晨检，12 月 12 日那周将在 8:05 结束晨检，12 月 21 日周将在 8:00 结束晨检。当学生在这些室外晨检时间之后到达学校时，家长须将学生带到大厅由保健医王巧玲老师进行晨检，然后去上课。

早上 8 点学生开始上课。如果想在不会影响教学的情况下成功提供早餐，我们需要共同努力，在早上 8 点之前把学生送到学校。

# Breakfast Service

## 早餐服务

We are working on providing breakfast for students. Once we have figured out the schedule and start date, we will share the information with parents in advance.

我们正计划为学生提供早餐。一旦我们确定了时间表和开始日期，我们会提前与家长分享信息。



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# School Bus Information

## 校车信息更新

For more information about the school buses, please scan below.

更多关于校车的信息，请扫描下方二维码。



# Community Time

## 例会时间

Our Chinese Teacher hosted Community Time this week. Ms. Fiona, Ms. Echo, and Ms. Sally did an amazing job having Grade 5 students share about Chinese traditions for the winter solstice. They concluded with having our students learn how to make origami jiao zi.

这周我们的语文老师主持了例会。吴晶晶老师、陈卓群老师和李清清老师请五年级的学生们分享了中国冬至的传统，做得非常棒。最后，他们带领全体学生学习折纸饺子。



# After School Activities 课后延时课程

There will be no ASAs on 12/20 and 12/21. These are the last two days before the winter break. Dismissal will be at 3:15 both days.

12月20日和12月21日将没有课后延时课程。这是冬假前的最后两天。这两天的放学时间为下午3:15。



**Sias IS**  
西亚斯外籍学校

## ASA Parent Feedback Survey 课外活动家长调查问卷

We need your support to better understand the ASAs you want.

我们需要您的合作以更了解您对其的需求。

Please scan the QR code and fill in the form.

请扫描二维码，填写调查问卷信息。

Survey closes Tuesday, December 7, 5:00 PM

调查问卷将于星期二（12月7）下午5点关闭。



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# Lunch Menu

## 菜单

### Week 11 第11周

|                 | Monday<br>星期一   | Tuesday<br>星期二   | Wednesday<br>星期三  | Thursday<br>星期四   | Friday<br>星期五  |
|-----------------|---|--|---|---|--|
| 加<br>点<br>Snack | 德亚纯奶<br>Milk<br>圆餐包<br>Bread Roll   | 德亚纯奶 Milk<br>枣夹核桃<br>Dates with Walnuts  | 德亚纯奶 Milk<br>蓝莓派<br>Blueberry Pie   | 德亚纯奶 Milk<br>水果春卷<br>Fruit Spring Rolls   | 德亚纯奶 Milk<br>蒸南瓜<br>Steamed Pumpkin  |
| 中<br>餐<br>Lunch | 扬州炒饭<br>Yangzhou Fried Rice<br>五香鸡翅根<br>Spiced Chicken Drumsticks<br>角瓜牛肉粒<br>Diced Beef with Gourd<br>凤凰玉米羹<br>Corn soup | 咖喱牛腩<br>Curry Beef Brisket<br>香酥鸡米花<br>Crispy Chicken Balls<br>蔬果沙拉<br>Fruit and vegetable salad<br>奶油南瓜浓汤<br>Cream pumpkin soup | 酸汤小酥肉<br>Breaded Meat in Soup<br>干锅有机花菜<br>Cauliflower<br>三色芽菜<br>Bean Sprouts<br>米饭<br>Rice<br>银耳水果汤<br>Tremella (snow fungus)<br>Fruit Soup | 番茄烩螺旋面<br>Pasta with Tomato Sauce<br>深海鳕鱼排<br>Deep-sea Cod Fillet<br>秘制烤翅<br>Grilled Wings<br>玉米浓汤<br>Corn soup | 河南大烩菜<br>Henan Specialty Casserole<br>红烧茄子<br>Braised Eggplant<br>豆豉油麦菜<br>Chinese Green Vegetables with Bean Sauce<br>泰国香米饭<br>Thai Rice<br>黄瓜竹笙汤 |
| 加<br>点<br>Snack | 德亚酸奶 Yogurt<br>红提<br>Red Grapes<br>冬枣<br>Dates  | 德亚酸奶 Yogurt<br>蜜桔<br>Orange<br>哈密瓜<br>Cantaloupe   | 德亚酸奶 Yogurt<br>蓝莓<br>Blueberries<br>菠萝<br>Pineapple   | 德亚酸奶 Yogurt<br>香蕉<br>Banana<br>火龙果<br>Dragonfruit   | 德亚酸奶 Yogurt<br>橙子<br>Oranges<br>柚子<br>Grapefruit   |

### Location 地址

Longhu Middle Ring Road and Chaoyang Road Intersection, Zhengzhou New District, Zhengzhou City, Henan Province, China

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